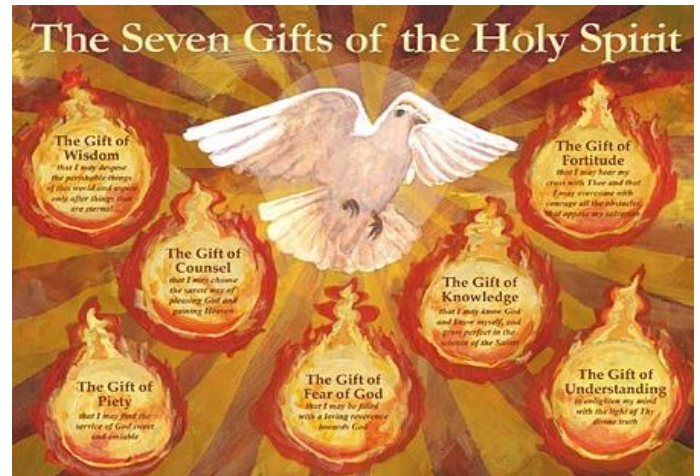


"But the Comforter, Paraclete, the Holy Spirit, whom the Father will send in my name, he will teach you all things, and bring to your remembrance all that I have said to you".

Images of The Holy Spirit at Pentecost



The seven gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. They belong in their fullness to Christ, Son of David.¹⁰⁹ **They complete and perfect the virtues of those who receive them.** They make the faithful docile in readily obeying divine inspirations. The fruits of the Holy Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory.

The tradition of the Church lists twelve of these fruits of the Holy Spirit: "charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity."

Prayer to The Holy Spirit: O Lord Jesus Christ, Who, before ascending into heaven, didst promise to send the Holy Ghost to finish Thy work in the souls of Thy Apostles & Disciples, agree to grant the same Holy Spirit to me, He may perfect in my soul the work of Thy grace and Thy love.

Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal,

Grant me the Spirit of Understanding to enlighten my mind with the light of Thy divine truth,

Grant me the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining Heaven,

Grant me the Spirit of Fortitude that I may bear my cross with Thee, and that I may overcome with courage all the obstacles that oppose my salvation,

Grant me the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints,

Grant me the Spirit of Piety that I may find the service of God sweet and amiable,

Grant me the Spirit of Fear that I may be filled with a loving reverence towards God, and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Thy true disciples and animate me in all things with Thy Spirit. **Amen.**

Reference: http://www.vatican.va/archive/ccc_css/archive/catechism/p3s1c1a7.htm

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