

Moses was given the Ten Commandments by God on **Mount Sinai** in order for people to live a life of integrity and peace.



The **Ten Commandments** are a **set of rules or laws**, God gave to the people of Israel.^[1] The commandments exist in different versions. One version can be found in the Book of Exodus of the Bible. Another version can be found in the Book of Horeb. In the book of Exodus, the mountain is called **Mount Sinai** the book of Horeb talks about Mount Horeb.^[2] Both are probably different names for the same mountain. The rules were written on stone tablets. **These rules are important for Judaism and Christianity and for all societies based on their principles.**

Sometimes these rules are also called **Decalogue** (from **Greek**, can be translated as *ten statements*). The name decalogue first occurs in the **Septuagint**. The Israelites received the commandments after they had left **Egypt** during the reign of **Pharaoh Thutmose**. There are different **texts** talking about the commandments. Most of them are in the **Bible**: The Book of **Exodus**, Chapter 20 and the book of **Deuteronomy**, Chapter 5. The **Qu'ran** mentions the tablets but does not list exactly the same commandments. For instance Quran 17:23-39 starts with worshipping God alone and honouring your parents.

- (1) I am the LORD your God: you shall not have strange Gods before me.
- (2) You shall not take the name of the LORD your God in vain.
- (3) Remember to keep holy the (Sabbath) LORD'S Day
- (4) Honor your father and your mother.
- (5) You shall not kill.
- (6) You shall not commit adultery.
- (7) You shall not steal.
- (8) You shall not bear false witness against your neighbor.
- (9) You shall not covet your neighbor's wife.
- (10) You shall not covet your neighbor's goods.

Reference: http://www.vatican.va/archive/ccc_css/archive/catechism/command.htm

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